

NSSRC OUTDOOR SKATING RINK

Safety Rules

Participants are asked to observe the following safety rules for the enjoyment of all:

- Maximum of 50 skaters on the ice surface at one time
- It is recommended that all skaters wear CSA approved helmets
- All participants must wear skates while on the ice surface. Those without skates are not permitted on the ice surface
- Chairs, sleds, strollers, and other obstructions are not permitted on the ice surface
- Food and drinks are not permitted on the ice surface
- Games or horseplay such as tag or racing is not permitted
- Refrain from carrying children on shoulders or in arms while skating
- The use of hockey sticks is not permitted
- Refrain from throwing snow or ice
- Adhere to the directions of the NSSRC staff when they are present
- Report all accidents or injuries to the staff located at the NSSRC
- Power skating or figure skating is not permitted
- The middle of the ice surface is reserved for children and less confident skaters
- Skate at a sensible and safe speed in the same direction as other skaters

Assumption of Risk

Skaters and spectators are deemed to have knowledge of and assume the inherent risks of using this outdoor rink including but not limited to:

1. Injuries resulting from collisions or contact with other individuals on the ice surface
2. Injuries resulting from falls

Hours of Operation 8 a.m. to 8 p.m.